

## One Day Anger Management Program

This program provides information and guidance to court referred clients in order to understand and control their future behavior. The program examines the destructive ways in which people express anger. A cognitive based behavioral curriculum is utilized within an interactive group process.

Participants will learn anger awareness techniques and develop a personal control plan to use in place of escalating behavior.

The program is designed for court mandated probationers and any individual wishing to address their anger issues.

**COST**

\$125.00 Payable via Venmo only  
Prepaid fees are nonrefundable. An additional fee is assessed for anyone requesting a reschedule after the initial date of attendance is given. No exceptions!

**REQUIRED RESCHEDULE FEE IS \$50.00**

Approximately one week before the scheduled meeting participants will receive an online invoice for payment. Once paid a link to the Zoom meeting will be sent. The Zoom meetings are private and password protected. All clients are expected to participate in the meeting in a private, secure area.

<b>Bob Kelly Programs, LLC</b>
<b>ONLINE THROUGH ZOOM</b>
<b>Saturday, 8:30-1:00 pm</b>
<b>February 27, 2021</b>
<b>March 6, 2021</b>
<b>March 27, 2021</b>

**Registration: Call Bob Kelly Programs at 651/430-8005**

**Probation Referral Process: Register online at [www.bobkellyprograms.com](http://www.bobkellyprograms.com) or call the office at 651/430-8005** and a start date will be determined. The referring agent will be contacted once the client has made a commitment to a particular start date; of any non-compliance during the program and completion at the end of the program.