

## One Day Anger Management Program

This program provides information and guidance to court referred clients in order to understand and control their future behavior. The program examines the destructive ways in which people express anger. A cognitive based behavioral curriculum is utilized within an interactive group process.

Participants will learn anger awareness techniques and develop a personal control plan to use in place of escalating behavior.

The program is designed for court mandated probationers and any individual wishing to address their anger issues.



**\$125.00 cash or money order only.**  
**PERSONAL CHECKS ARE NOT ACCEPTED.**

**PLEASE NOTE FOR EACH RESCHEDULED DATE  
 AN ADDITIONAL \$50.00 FEE IS REQUIRED.**

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| <b>Bob Kelly Programs, LLC</b><br><b>6040 50th Street North</b><br><b>Oakdale, MN 55128</b> |
| <b>Saturday, 8:30-3:30 pm</b>                                                               |
| <b>June 8, 2019</b>                                                                         |
| <b>June 29, 2019</b>                                                                        |
| <b>August 3, 2019</b>                                                                       |

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| <b>Red Wing Public Library</b><br><b>225 East Street</b><br><b>Red Wing, MN 55066</b> |
| <b>Saturday, 8:30-3:30 pm</b>                                                         |
| <b>October 5, 2019</b>                                                                |

**Registration: Call Bob Kelly Programs at 651/430-8005**

**Probation Referral Process: Register online at [www.bobkellyprograms.com](http://www.bobkellyprograms.com) or call the office at 651/430-8005** and a start date will be determined. The referring agent will be contacted once the client has made a commitment to a particular start date; of any non-compliance during the program and completion at the end of the program.