

One Day Anger Management Program

This program provides information and guidance to court referred clients in order to understand and control their future behavior. The program examines the destructive ways in which people express anger. A cognitive based behavioral curriculum is utilized within an interactive group process.

Participants will learn anger awareness techniques and develop a personal control plan to use in place of escalating behavior.

The program is designed for court mandated probationers and any individual wishing to address their anger issues.



\$135.00 via Venmo or Cash App only.

Venmo - @bobkellyprograms or CashApp - \$bkprograms
PERSONAL CHECKS ARE NOT ACCEPTED. Prepaid fees are nonrefundable. An additional fee is assessed for anyone requesting a reschedule after the initial date of attendance is given. No exceptions!

REQUIRED RESCHEDULE FEE IS \$50.00

Approximately one week before the scheduled meeting participants will receive an online invoice for payment. Once paid a link to the Zoom meeting will be sent. The Zoom meetings are private and password protected. All clients are expected to participate in the meeting in a private, secure area.

Bob Kelly Programs, LLC ONLINE THROUGH ZOOM	
Saturday, 8:30-1:00 pm	
June 10, 2023	July 8, 2023
July 22, 2023	August 19, 2023
August 26, 2023	September 9, 2023
September 30, 2023	October 7, 2023
October 21, 2023	October 28, 2023
November 4, 2023	November 18, 2023
December 2, 2023	December 9, 2023
December 16, 2023	

Registration:

Visit <https://bobkellyprograms.com/form/form.html> to complete the registration form.

The registered individuals will be called and a start date will be assigned. The referring agent will be contacted once the client has committed to a particular start date; of any non-compliance during the program and completion at the end of the program. Call 651/430-8005 with any questions.

www.bobkellyprograms.com