

One Day Anger Management Program

This program provides information and guidance to court referred clients in order to understand and control their future behavior. The program examines the destructive ways in which people express anger. A cognitive based behavioral curriculum is utilized within an interactive group process.

Participants will learn anger awareness techniques and develop a personal control plan to use in place of escalating behavior.

The program is designed for court mandated probationers and any individual wishing to address their anger issues.


COST

\$135.00 via Venmo or Cash App only.

Venmo - @bobkellyprograms or CashApp - \$bkprograms

PERSONAL CHECKS ARE NOT ACCEPTED. Prepaid fees are nonrefundable. An additional fee is assessed for anyone requesting a reschedule after the initial date of attendance is given. No exceptions!

REQUIRED RESCHEDULE FEE IS \$50.00

Approximately one week before the scheduled meeting participants will receive an online invoice for payment. Once paid a link to the Zoom meeting will be sent. The Zoom meetings are private and password protected. All clients are expected to participate in the meeting in a private, secure area.

Bob Kelly Programs, LLC		
ONLINE THROUGH ZOOM		
Saturday, 8:30-1:00 pm		
		July 20, 2024
August 3, 2024		August 10, 2024
August 24, 2024		September 21, 2024
September 28, 2024		October 12, 2024
October 19, 2024		November 2, 2024
November 9, 2024		November 16, 2024
December 7, 2024		December 21, 2024

Registration: Visit <https://bobkellyprograms.com/form/form.html> to complete the registration form.

The registered individuals will be called and a start date will be assigned. The referring agent will be contacted once the client has committed to a particular start date; of any non-compliance during the program and completion at the end of the program. Call 651/430-8005 with any questions.